

Ms Theodora (Dora) Papadopoulou, MD, BSc (Sports Science), PGDip (SEM), MSc (Sp. Injuries), PhD (Sport Med Research), FEBSM is a Consultant in Sport and Exercise Medicine and an Orthopaedic Surgeon. She is a Certified Sport Medicine Instructor from the International Federation of Sports Medicine. She is the Lead Consultant for Hip and Groin, and for the Military Hip Rehabilitation Outcome Study (MILO) at the Defence Medical Rehabilitation Centre, Stanford Hall. Since 1998, Dora has been a Visiting Lecturer for a range of Universities, lecturing students in Sport Medicine.

She is the Secretary General of the European Federation of Sport Medicine Associations (EFSMA). The Secretary of the Development Commission of the International Federation of Sport Medicine (FIMS). She served as an Executive Board Member of the British Association of Sport and Exercise Medicine (BASEM) and she was the Chair for the BASEM annual conference 2019.

She has also worked for various sports events, including Olympics, Paralympics and Special Olympics in different roles. She is the Doctor for the International Ultramarathon Spartathlon and for the British Spartathlon team. She has presented internationally on sport medicine topics and she has authored numerous papers in various scientific journals. She has participated in organising committees of numerous scientific sports medicine conferences.

She is keen volunteer, passionate about sport ethos and extremely zealous about development of Sport and Exercise Medicine. Olympism is her philosophy of life.

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