

Biography

Kristian Thorborg is Professor at Copenhagen University in Orthopedic Surgery – with a special focus on Orthopedic and Sports Physical Therapy, and a Guest Professor at Lund University, in Sports Sciences. He is currently employed as senior researcher at the Sports Orthopedic Research Center – Copenhagen (SORC-C)

The research center is part of the Copenhagen - International Olympic Committee (IOC) - Research Centre in Injury and Illness Prevention. Kristian is a Specialist in Sports Physical Therapy since 2004, with more than 20 years of clinical experience within sports and orthopedic injury prevention, assessment and treatment. Kristian Thorborg has published more than 200 peer-reviewed articles and book chapters.

His main research area is prevention, assessment and treatment of sports and orthopedic injuries. He has conducted > 10 prospective studies (Level 2a evidence); > 10 randomised controlled trials (Level 1b evidence) and > 10 systematic reviews (Level 1a evidence) and has received 14 prizes/awards for scientific contributions in his field. Kristian Thorborg was the Editor in Chief for the Danish Journal of Sports Medicine from 2007-10 and is former board member of the Research Fund for Danish Physiotherapists, and Chairman for the Revision of National Clinical Specialization in Physiotherapy in Denmark from 2010-14.

Furthermore, he was also the Chairman for Sportskongres (Scandinavian Congress on Science and Medicine in Sport) in 2015 and 2017. Currently, Kristian is the President of the International Federation of Sports Physical Therapy (IFSPT). He has from 2019-2021 been ranked as no. 1 by expertscape.com (online guide to find biomedical experts and institutions) within the area of both “Hip” and “Groin” and currently publish more than 25 peer reviewed papers annually.